

Physical Education			
Topic	Ball Skills (Unit 1)	Year	Nursery
<b>EYFS Objectives – Physical Development – Ball Skills</b> <ul style="list-style-type: none"> <li>• Kick a large ball from a stationary position into a space.</li> <li>• Move a large ball with feet.</li> <li>• Throw a ball or beanbag over and under arm into a space.</li> <li>• Push, bounce and roll a large ball.</li> <li>• Catch a large ball using arms.</li> </ul>			
<b>Prior Learning</b> <ul style="list-style-type: none"> <li>• Pass things from one hand to the other. Let go of things and hands them to another person, or drops them.</li> <li>• Gradually gain control of their whole body through continual practice of large movements, such as waving, kicking, rolling, crawling and walking.</li> <li>• Enjoy starting to kick, throw and catch balls</li> <li>• Build independently with a range of appropriate resources.</li> <li>• Develop manipulation and control</li> </ul>		<b>Future Learning</b> <ul style="list-style-type: none"> <li>• Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.</li> <li>• Drop and catch with two hands.</li> <li>• Hit a ball with hands.</li> <li>• Move a ball with feet.</li> <li>• Kick larger balls towards a target.</li> <li>• Throws larger balls and beanbags towards a target using under and over arm throw.</li> <li>• Stop a beanbag or large ball sent to them using hands.</li> <li>• Attempt to stop a large ball sent to them using feet.</li> </ul> <p><b>Early Learning Goal – Physical Development – Gross Motor</b></p> <ul style="list-style-type: none"> <li>• Negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>• Demonstrate strength, balance and coordination when playing.</li> <li>• Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li> </ul>	
<b>What pupils need to know or do to be secure</b>			
<b>Key Concept:</b> <ul style="list-style-type: none"> <li>- Physical: roll, stop a rolling ball, throw, bounce, catch, dribble with feet, kick</li> <li>- Social: work safely, collaboration, co-operation, support others</li> <li>- Emotional: perseverance, independence, honesty</li> <li>- Thinking: use tactics, comprehension</li> </ul>			
<b>Core Learning</b>		<b>What does success look like?</b>	

- To develop stopping a rolling ball.
- To develop rolling a ball to a target
- To develop accuracy when throwing to a target.
- To develop bouncing and catching a ball.
- To develop dribbling a ball with your feet
- To develop kicking a ball

- I am beginning to explore a range of ball skills.
- I am beginning to negotiate space safely.
- I am beginning to take turns with others.
- I can make guided choices
- I persevere with support when trying new challenges.
- I play ball games guided by the rules with support.

**Key Vocabulary**

Bounce, catch, dribble, hit, kick, points, roll, run, safely, score, space, target, throw