

Physical Education			
Topic	Ball Skills (Unit 2)	Year	Reception
<p><b>EYFS Objectives – Physical Development – Ball Skills</b></p> <ul style="list-style-type: none"> <li>• Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.</li> <li>• Drop and catch with two hands.</li> <li>• Hit a ball with hands.</li> <li>• Move a ball with feet.</li> <li>• Kick larger balls towards a target.</li> <li>• Throws larger balls and beanbags towards a target using under and over arm throw.</li> <li>• Stop a beanbag or large ball sent to them using hands.</li> <li>• Attempt to stop a large ball sent to them using feet.</li> </ul> <p><b>Early Learning Goal – Physical Development – Gross Motor</b></p> <ul style="list-style-type: none"> <li>• Negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>• Demonstrate strength, balance and coordination when playing.</li> <li>• Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li> </ul>			
<b>Prior Learning</b>		<b>Future Learning</b>	
<ul style="list-style-type: none"> <li>• Kick a large ball from a stationary position into a space.</li> <li>• Move a large ball with feet.</li> <li>• Throw a ball or beanbag over and under arm into a space.</li> <li>• Push, bounce and roll a large ball.</li> <li>• Catch a large ball using arms.</li> </ul>		<ul style="list-style-type: none"> <li>• Drop and catch a ball after one bounce on the move.</li> <li>• Move a ball using different parts of the foot.</li> <li>• Throw and roll towards a target with some varying techniques.</li> <li>• Kick towards a stationary target.</li> <li>• Catch a beanbag and a medium-sized ball.</li> <li>• Attempt to track balls and other equipment sent to them.</li> <li>• Strike a stationary ball using a racket.</li> <li>• Run, stop and change direction with some balance and control.</li> <li>• Recognise space in relation to others.</li> <li>• Begin to use simple tactics with guidance.</li> </ul>	
<b>What pupils need to know or do to be secure</b>			
<p><b>Key Concept:</b></p> <ul style="list-style-type: none"> <li>- Physical: roll, track, throw, dribble with hands, catch, dribble with feet, kick</li> <li>- Social: work safely, co-operation, take turns, communication</li> <li>- Emotional: perseverance, independence, honesty, determination.</li> <li>- Thinking: use tactics, comprehension</li> </ul>			

Core Learning	What does success look like?
<ul style="list-style-type: none"> <li>- To develop rolling and tracking a ball.</li> <li>- To develop accuracy when throwing to a target.</li> <li>- To develop dribbling with hands.</li> <li>- To develop throwing and catching with a partner.</li> <li>- To develop dribbling a ball with your feet.</li> <li>- To develop kicking a ball to a target.</li> </ul>	<ul style="list-style-type: none"> <li>- I can negotiate space safely with consideration for myself and others.</li> <li>- I follow instructions involving several ideas or actions.</li> <li>- I persevere when trying new challenges.</li> <li>- I play ball games with consideration of the rules.</li> <li>- I play co-operatively and take turns with others.</li> <li>- I use ball skills with developing competence and accuracy.</li> </ul>
<b>Key Vocabulary</b>	Ball, catch, dribble, kick, partner, ready, roll, safely, score, space, target, throw