



Sports Premium Grant

2015-2016

The Background

The government has provided additional funding of £150 million per annum for academic year 2013 to 2014 and 2014 to 2015 to improve the provision of physical education (PE) and sport in primary schools. The funding has continued into 2015 to 2016 and is paid by the Secretary of State for Education.

Allocations

Most schools with primary-age pupils receive the PE and sport premium. The funding is based on the number of pupils in years 1 to 6, as recorded in the annual school census in January. Schools with 17 or more eligible pupils receive £8000 and an additional payment of £5 per pupil.

In the financial year 2015-16 we received funding of £9,050.

Purpose of the premium

The premium must be used to fund additional and sustainable improvements to the provision of PE and Sport, for the benefit of primary aged pupils. Our vision is for **all** pupils leaving Woodrow First School to become physically literate and develop the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

We aim to achieve this by:

1. the engagement of **all** pupils in regular physical activity – kick-starting healthy active lifestyles
2. the profile of PE and sport being raised across the school as a tool for whole school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all pupils
5. increased participation in competitive sport

Accountability

Since September 2013, Ofsted inspections report on how primary schools spend their PE and sport premium funding. In addition schools are required to publish details of how they intend to spend their funding.

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Sports Provision at Woodrow First School (Academic Year 2015-16)

At the start of this academic year we set ourselves the challenge of promoting the culture of physical activity in the school community, by widening opportunities to promote an active and healthy lifestyle.

At Woodrow First School we work hard to include ALL of our young people in sporting challenge and to provide opportunities for pupils with SEN access to activities. This year we developed a partnership with Chadsgrove Special School to help us deliver PE lessons across a class, which encouraged total participation of children of all abilities and physical needs. Inclusion is vital within the PE Vision at Woodrow.

Curriculum

'Staff teach physical education (PE) confidently' – OFSTED OCTOBER 2014

We continue to develop our long term teaching plan which covers all year groups from Nursery to Year 4, to ensure that skills learnt are maintained, put into action and progressive.

At the beginning of the academic year we undertook a PE audit with all stakeholders in the school which has underpinned the action plan for this academic year (See Action Plan 2015-16). Key priorities emerging from this were:

- to create an engaging Early Years PE Plan that enhances physical development
- to monitor improvements in physical activity during playtimes
- to continue to increase participation in inter and intra competitive sport festivals

Within Early Years we have worked with *Aspire* to identify the areas for continued professional development in 3 areas; dance, gymnastics and games. Dates have been confirmed for a 6 week programme to commence September 2016, with the aim of delivering more opportunities for challenging delivery of physical activity to enhance their fundamental movement skills. From this we will embed the foundation skills required, alongside the enjoyment of participation in physical activity, before transition into Key Stage 1. We strongly believe that embedding strong, positive attitudes towards physical activity in these key early developmental years leads to skill progression and a lifelong love of sport.

'School break times provide the greatest opportunity for children to achieve their daily 60 minutes of physical activity' (Brasseau et al., 2011).

Following on from our involvement in the pedometer data collection project with Newman University last year, we have identified that the lunch and play breaks were an ideal opportunity for our children to increase their physical activity levels in a more structured way. We achieved this by engaging in pupil voice about what interested them to be active. It was very evident that alongside competitive opportunities such

as football, children were very keen to involve themselves in imaginative and creative play. From this we created *Woodrow Winners*. Engaging with our lunchtime staff to train and support in the delivery of this initiative, we have a structured timetable of different activities targeted across the school. The activities range from girls skipping, boys races through to imaginary play. These activities have emerged from the data collection, pupil involvement and also the need to target specific sub groups of children to continue, or stimulate engagement. Specific staff are allocated a responsibility of encouraging these groups of children. All activities are voluntarily, but one area we have specifically looked at was the more inactive children. *The Woodrow Winners Activity Timetable can be found in the Action Plan.*

We are extremely lucky to have on site access to a swimming pool. Our Reception children swim all through the academic year and all other year groups are scheduled for at least a term and a half. This wonderful opportunity throughout their school life helps to build confidence and valuable life-long water skills.

Again this year we decided that Year 4 pupils needed to experience swimming in a more challenging environment to help build confidence and skills prior to their forthcoming move to Middle School. For 5 weeks they undertook swimming instruction by experts at Studley swimming pool. Our more confident swimmers were motivated to increase their swimming strength and distance whilst our less experienced swimmers learnt to build their water confidence in a more challenging environment. This was such a successful and enjoyable experience for all the pupils we will be repeating this next year.

Next academic year we will start a monitoring programme to record swimming development and skill progression throughout pupil's school life at Woodrow. As a school we continually invest funds into maintenance of the swimming pool and we are looking to evidence the progression of skills against staff time and on-going costs.



Our Year 4 students get the opportunity to go on a residential trip to Malvern Outdoor Activity Centre each July. Over the weekend they get to do lots of activities such as, archery, king swing, rock wall climb, low ropes assault course, night walk, zip wire and orienteering. The children have great fun and are very supportive of each other to push themselves harder, higher or achieve more.

Clubs

Our staff work with qualified coaches to provide our pupils with opportunities to access and try out a variety of different sports helping to nurture natural talent, ability and leadership.

‘Pupils have suggested ideas for sports at lunchtime, including tag rugby and hockey. The after-school clubs, which include cheerleading and yoga, are popular with pupils’ - OFSTED OCTOBER 2014

Lunchtime clubs are offered from KS1 to KS2 and include a variety of activities such as multiskills, hockey and football. This has led to an increase in participation by us giving all pupils access to sports regardless of their previous experience or ability. We have adapted clubs to encourage groups of children who were previously not taking part in sport such as Girls Football. We looked at the children accessing clubs and noticed predominance in year 2 maximising spaces in the lower half of the school. As a result we have restructured the clubs and are now seeing an increased uptake of Reception children. This group is key to target to ensure a continued love of sport throughout their school career through the support of the parents.

Autumn Term 2015

Reception & Key Stage 1: Multi Games

Key stage 2: Team Games

Reception & Key Stage 1: Parachute Games

Key stage 2: Inflatable Volleyball

Spring Term 2016

Reception & Key Stage 1: Multi Games

Key stage 2: Gymnastics

Key Stage 2: Country Dancing

Summer Term 2016

Reception, Year 1: Parachute Multi Games

Year 2, 3 & 4: Football

Reception, Year 1: Summer Games

Year 2, 3 & 4: Rounders

Competitive Sport

'Pupils now take part in competitions with other schools and came second out of twelve in Tri-Golf' – OFSTED October 2014

With our funding we have subscribed to the SLA with the local high school which has given us access to competitive sports against other local schools.

Year 3 Invasion Games Festival– Redditch schools came together to participate in a variety of invasion games led by Year 10 students from Trinity High School.

Year 3 Invasion Games Tournament– Redditch schools came together to put their skills into practice in a tournament at Woodfield Middle School.

Year 3 & 4 – Kurling School Games – We entered two teams one of which came away triumphant in the Redditch heats. Both teams represented Redditch at the finals at Worcester Riverside Arena and we finished 4th out of 12 schools from other counties.

Year 4 Cross Country- Our cross country team did us all proud at this event. The team came 3rd out of 8 schools. We had some children placed in this top 10 too.

Year 1 Dance Festival- Held at Trinity High School during May all of Year 1 participated in learning a Bollywood dance routine. A great afternoon was had by all.

Year 1 Multi Skills Festival- In June all of Year 1 went to Trinity High School to participate in a variety of events that encompassed fundamental movement skills.

Year 3 Tri Golf Competition- Something completely new for a small group of our Year 3's which added to the broad and balanced curriculum that we aim to deliver. Taking place at Pitcheroak our team of 20 children competed against other first schools in a round of 10 holes.

Year 3 Barn Dance- As part of the curriculum Year 3 learnt traditional barn dances and were excited to perform what they had learnt to their parents; they also joined in to learn some routines.

Year 3 & 4 Football Festival- 10 girls from Key Stage 2 went to Worcester University to participate in a football festival. It was a great day for these children who had not previously engaged in such events.

Well done to all our teams who have represented Woodrow over the year. You always do us proud and set an excellent example outside of school. Also a big thank you to all the staff that have coached and supported the events.

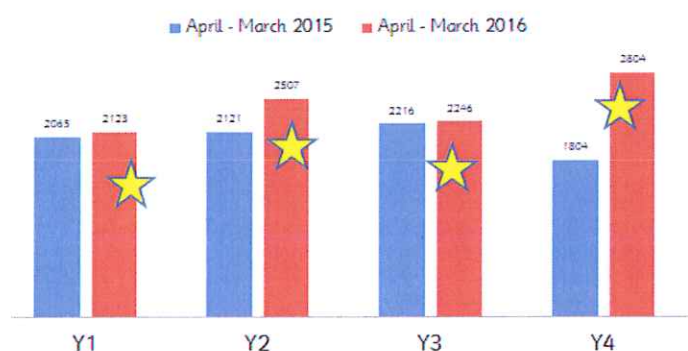
IMPACT

'The Primary Sports funding has been used well to improve achievement' – OFSTED October 2014

'The extra funding has improved pupils stamina in PE and increased their knowledge of how to keep fit and healthy' - OFSTED October 2014

Continued data collection has shown the impact of the *Woodrow Winners* initiative:

Girls' lunch time steps



- Y2 boys had significantly increased their step count during lunch times and morning break times.
- Y1, Y2, Y3 and Y4 girls had increased their step count during lunch times and morning break. With a significant increase for Y4 girls in terms of their lunch time activity.

The success of this programme is mainly due to the commitment and enthusiasm of our lunchtime supervisors to deliver the programme. We believe that the structured approach for those children that opt in has led to an increase in desirable behaviours and personal and social development.

Woodrow has been recognised for its engagement with this initiative by delivering a workshop to colleagues at the *Association for Physical Education Regional Meeting*. An article about our achievements will be published in the *PE Matters* magazine in July 2016.

Next Steps:

This year we were extremely lucky to receive a donation of 15 bikes from Halfords under their refurbishment scheme together with safety helmets. Our local MP, Karen Lumley, nominated our school to receive this gift. We will shortly be using them to teach our Year 3 children cycling safety skills.



We have used our Sports Grant to train a teacher to become a level 6 PE specialist. This is a recognised qualification to improve the overall delivery of the PE Curriculum within Primary schools. The aim of this qualification is to upskill Primary school teachers to enable them to lead on their delivery of the PE Curriculum. The qualification will also mean closer working relationships with surrounding schools and the sharing of good practice.

We have invested our funding in a trim trail which is part of the play and lunchtime activities. Sporting equipment has been brought in order to access the curriculum activities at a high quality level and across different sports.

The Standard, Friday May 6, 2016

Utd star opens track

THEY'RE all Woodrow Winners at Woodrow Infants School which last week officially opened its brand new running and walking track. And it turned into a truly joyful occasion as pupils, parents, teachers and support staff danced and skipped their way around the track, led by musician Rob Clements who strummed and sang along the way. The crowd is all part of a new initiative to keep the children physically active while having fun at the same time.

On your marks: Jim Mutton tries out the new track with Woodrow First School pupils. Photo by Marcus Magina 1816003MGR



We believe we have offered some fantastic sporting opportunities for our children this year. The most exciting and biggest investment of all has been the implementation of our running track around our school field.

This was officially opened by Jim Mutton, a footballer from Redditch United, in May of this year. Already we are excited to see how it is being used effectively on a daily basis across the whole of the school from Nursery to Year 4; including teaching staff. A running club with Reception & Year 1 and also Year 2, 3 and 4 was the filled up in one day! All year groups are aiming towards the goal of *Woodrow running around the world*. Each class run, or walk a mile each day at varying times to suit the concentration and focus of pupils. Already we can see improvements in behaviour and stamina of the children.

We are using this wonderful facility to benefit the local community by arranging a *Park Run* for parents and children before school begins. This is part of raising the culture of physical activity in the school and at home. Staff morale is also rising as groups get together to run after school.

Next year we would like to research the impact of physical activity upon academic progress of our children. To continue to monitor the impact of physical activity, we will begin to monitor whether progress in physical development in the Early Learning Goals transfer into children opting for healthy lifestyle choices as they enter Key Stage 1 and 2.

We will be looking at developing the facilities of the Key Stage 1 and Reception playground in order for them to have varied opportunities to build on their fundamental movement skills, whilst enhancing social relationships such as communication and sharing.

We will continue be build on this ethos next academic year.

Watch out for more sporting achievements!

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