



**BEST START**  
WORCESTERSHIRE



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**FAMILY HUBS**



# Fussy Eaters Workshop

**As parents/carers we want our children to eat well and to enjoy mealtimes together.**

**Come along to get support and new ideas:**

- How to encourage your child to try new foods - and begin to enjoy them!
- Child-friendly foods that provide what they need to grow and be healthy
- Happier family mealtimes

**Suitable for parents/carers of children 2 - 11 years old**

**Wednesday 14th May 2025, 9am - 11.15am**

**Join us for a cuppa from 9am, session starts 9.15am**  
Woodrow First School (Studio Room), Longdon Close,  
Redditch, B98 7UZ

**No need to book, just turn up.**

**For more info please call Holly Trees  
Family Hub on 01527 61360**