

Autumn / Winter 2022 / 23
 5/9, 26/9, 17/10, 7/11,
 28/11, 19/12, 9/1, 30/1

What's On The Menu?

MONDAY
 Authentic Italian

TUESDAY
 Family Faves

WEDNESDAY
 Baking British

THURSDAY
 Food Festival

FRIDAY
 Fun Day



Beef Bolognese
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Cowboy Pie
 Sausage, Beans & Mash with Carrots

Roast Chicken Sage & Onion Stuffing
 Roast Potatoes, Fresh Veggies & Gravy

Mild Chilli Beef & Cheese Homemade Nachos
 Rice & Sweetcorn

Golden Fish Fingers (MSC)
 Choose Salmon or Pollock, Chips & Baked Beans



Veggie Bolognese
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Baked Beans & Veggie Sausage Cowboy Pie
 with Carrots

Cheese, Veg & Spinach Puff Pastry Roll
 Roast Potatoes, Fresh Veggies & Gravy

Cheese & Veggie Homemade Nachos
 Rice & Sweetcorn

Crispy Bean & Vegetable Fingers
 Chips & Baked Beans



Crispy Skin Jacket Potatoes
 Choice of Tasty Toppings



Hot Tomato Pasta
 with or without Grated Cheese on top



Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Toffee Apple Slices
 topped with Vanilla Ice Cream

Crispy Chocolate Cornflake Cakes

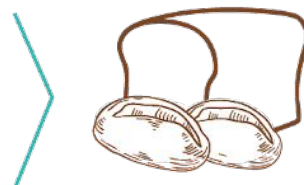
Golden Syrup Sponge

Pineapple Upside Down Cake

Chewy Flapjack

FOOD FESTIVAL
 By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week One

Autumn / Winter 2022 / 23
 12/9, 3/10, 24/10, 14/11,
 5/12, 26/12, 16/1, 6/2

What's On The Menu?

MONDAY
 Authentic Italian

TUESDAY
 Family Faves

WEDNESDAY
 Backing British

THURSDAY
 Food Festival

FRIDAY
 Fun Day



Meat Free Monday!
 Choose either our tasty Margherita Pizza or our Veggie Supreme

Classic Beef Burger
 in a Bun with Oven Baked Wedges & Garden Peas

Roasted Gammon Joint
 Roast Potatoes, Fresh Veggies & Gravy

Not So Spicy Chicken Tikka Masala
 Wholegrain Rice, Turmeric Carrots & Peas

Golden Fish Fingers (MSC)
 Choose Salmon or Pollock, Chips & Baked Beans



Served with Slaw & Mixed Crudites

Super Veggie Burger
 in a Bun with Oven Baked Wedges & Garden Peas

Veggie Sausage & Root Veg Traybake
 Roast Potatoes, Fresh Veggies & Gravy

Creamy Vegetable Korma
 With Wholegrain Rice, Turmeric Carrots & Peas

Crispy Bean & Vegetable Fingers
 Chips & Baked Beans



Crispy Skin Jacket Potatoes
 Choice of Tasty Toppings



Hot Tomato Pasta
 with or without Grated Cheese on top



Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Jelly & Fruit Slices

Marble Sponge Cake

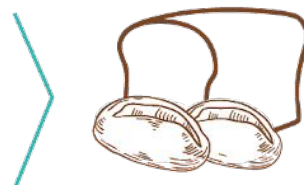
Chocolate Brownie

Apple Sponge Cake

Crunchy Vanilla Cookie

FOOD FESTIVAL
 By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week Two

Autumn / Winter 2022 / 23
 19/9, 10/10, 31/10, 21/11,
 12/12, 2/1, 23/1, 13/2

What's On The Menu?

MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Backing British	THURSDAY Food Festival	FRIDAY Fun Day
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Cheese & Tomato Pizza
with Crudites & Green Salad

Bangers & Mash
Green Beans & Gravy

Roast Chicken & Sage & Onion Stuffing
Roast Potatoes, Fresh Veggies & Gravy

Beef & Hidden Vegetable Wholegrain Pasta
Broccoli

Golden Fish Fingers (MSC)
Choose Salmon or Pollock, Chips & Baked Beans



Tomato & Mozzarella Gnocchi Traybake
with Crudites & Green Salad

Veggie Bangers & Mash
Green Beans & Gravy

Quorn Roast
Roast Potatoes, Fresh Veggies & Gravy

Crunchy Topped Macaroni Cheese
Broccoli

Crispy Bean & Vegetable Fingers
Chips & Baked Beans



Crispy Skin Jacket Potatoes
Choice of Tasty Toppings



Hot Tomato Pasta
with or without Grated Cheese on top



Pick & Mix Packed Lunch
Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Sticky Banana Pudding

Chocolate Oat Cake

Vanilla Sprinkle Sponge

Apple Crumble

Shortbread



AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt

