

FOOD FESTIVAL
By Aspens

WEEK 1

Autumn Winter 2025/26




01/09/25, 22/09/25, 13/10/25,
03/11/25, 24/11/25, 15/12/25,
05/01/26, 26/01/26, 16/02/26,
09/03/26, 30/03/26

LUNGTIME

Allergy Free Traditional Menu Autumn/Winter 2025-26

ALLERGY FREE
PRIMARY
TRADITIONAL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 THE MAIN EVENT	Tomato and Basil Chicken with Rice and Vegetable Sticks	Meatball Marinara Spaghetti Pasta with Mixed Salad	Roast Chicken, Skin on Roasties, Gravy with Carrots and Cabbage	Cottage Pie with Mixed Greens	Southern Fried Chicken Fillet with Chips and Peas
 MEAT-FREE MAGIC Veggie Dish	Veggie Stir Fry with Rice and Vegetable Sticks	Roast Veg & Butter Bean Tray bake with Spaghetti and Mixed Salad	Mushroom & Sweet Potato Sausages, Skin on Roasties, Gravy, Carrots and Cabbage	Shepherdless Pie with Mixed Greens	Veggie Bean Patty with Chips and Peas
 BIG TOPPING Filled Jackets	Crispy Skin Jacket Potato with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans				
 DESSERT TROLLEY	Lemon Cookies	Strawberry and Pineapple Jelly	Chocolate Banana Bread	Apple Crumble	Chocolate Brownie

DAILY SALAD BOWL
AVAILABLE DAILY

PASTA TWIRLER
AVAILABLE EVERY DAY
TOPPED SPAGHETTI WITH HOMEMADE TOMATO SAUCE