

FRIDAY 14 MARCH 2025

RED NOSE DAY

Next Thursday is our **Hairlarious Day!** Make your hair funny!!
Children can also come in non-uniform.



Please donate via our special Parent Pay page:

<https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=18337>

A black stick figure stands next to a large, yellow letter 'W' decorated with pink and blue polka dots. The figure has a question mark above its head, suggesting confusion or a question.

Sorry - We're **CLOSED**

Don't forget
Friday is a
Teacher
Training Day!
School is closed
to children.

Woodrow First-School (Facebook)

@WoodrowSchool (Twitter)

www.woodrowfirstschool.co.uk

Attendance this week has
been really pleasing.

The NHS logo and the logo for Wellbeing and Emotional Support Teams.

Helping Your Child with Fears and Worries Group

Is your child finding it difficult to leave you or sleep in their own bed? Are they worrying more? Is anxiety affecting the quality of their life?

In partnership with your school the WEST Team NHS are offering a series of four virtual sessions over six weeks lasting an hour which will cover:

Session 1 **07/05/25** 9.30-10.30am: Understanding anxiety and Goal Setting

Session 2 **14/05/25** 9.30-10.30am: Child's thoughts and rewards

Session 3 **21/05/25** 9.30-10.30am: Step by Step approach to fears and worries

Session 4 PHONECALL: Date and time **TBC**

Session 5 **04/06/25** 9.30-10.30am: Problem Solving

Session 6 PHONECALL: Date and time **TBC**

If you are interested and able to commit to these dates (Sessions 1 and 2 are essential) above, please contact your school's Mental Health lead to discuss a referral by **04/04/25**. Please also make it known to them if you have any needs or requirements which would make accessing this course easier for you. The worksheets will be emailed you prior to each session.

Provided by Herefordshire and Worcestershire Health and Care NHS Trust

Today we welcomed Paul and Max from the Collar & Tie Theatre Company who are working on the 'Woodrow Walks' with us. They spoke with the teachers and the children about what will be an interactive 'guide' to walks in the community.

Silhouettes of four people's heads and shoulders, facing right, against a light background.

Year 1 Phonics Workshop

Thank you to
Mrs Paxton and Miss Davies
and the many parents and carers who
came to the Phonics Workshop on
Thursday morning.
#phonics@woodrow!

Three colorful blocks with the letters A, B, and C on them. A is yellow, B is pink, and C is green.

SCHOOL TRIPS!

We are planning school trips for the summer term. Although we subsidise these trips, we may have to increase the cost to families due to coach prices going up. We will always ensure these are minimal.



Please can you always park with care, courtesy and consideration when dropping off and collecting children.



FOOD FESTIVAL
by Aspens

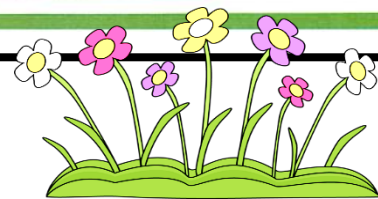
Autumn Winter
2024-25:
9/9, 30/9, 21/10,
11/1, 2/12,
23/12, 13/1, 3/2

LUNCHTIME

TRADITIONAL
Week 2

| | THE MAIN EVENT | MEAT-FREE MAGIC <small>Veggie Dish</small> | RAINBOW ALLEY <small>Vegetables and Salads</small> | BIG TOPPING <small>Filler Jackets</small> | DESSERT TROLLEY | |
|------------------|--------------------------------------|--|---|--|---------------------------------|--|
| MONDAY | Cheesy Tomato Pizza Pinwheel | BBQ and Sweetcorn Pizza Slice | Wholegrain Pasta Salad and Green salad | Beans, Cheese or Tuna Mayo | Toffee Apple Sponge and Custard | DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT AVAILABLE DAILY |
| TUESDAY | Chicken and Sweetcorn Cobbler | Winter Vegetable Crumble | Herby Diced Potato and Carrots | Beans, Cheese or Tuna Mayo | Chocolate Sprinkle Iced Cake | DAILY SANDWICHES AVAILABLE |
| WEDNESDAY | Roast Pork, Roast Potatoes and Gravy | Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions!) | Mixed Greens | Beans, Cheese or Tuna Mayo | Raspberry Coconut Jelly | PASTA TWIRLER AVAILABLE EVERY DAY Topped Pasta Hot Pasta topped with Homemade Tomato Sauce & Cheese |
| THURSDAY | Classic Cottage Pie | Roasted Sweet Potato Pastry Roll and Mash | Peas | Beans, Cheese or Tuna Mayo | Fresh Fruit Salad | |
| FRIDAY | Battered Fish and Chips | Cheese and Tomato Toasted Wrap with Chips | Baked Beans | Beans, Cheese or Tuna Mayo | Anzac Biscuits | |

Dates for your diary



- Friday 21 March SCHOOL CLOSED: TEACHER TRAINING DAY**
- Monday 31 March Height and Weight Check – Reception Children**
- Mon 7 April/Wed 9 Year 4 Residential Visit to Bell Heath**
- Monday 14 April – Friday 25 April 2025: EASTER HOLIDAY**
- Monday 28 April School Open to Children**
- Monday 5 May MAY DAY – SCHOOL CLOSED**
- Monday 26 May – Friday 30 May: SCHOOL CLOSED – HALF TERM**
- Monday 2 June School open to children**
- Friday 20 June SCHOOL CLOSED: TEACHER TRAINING DAY**